



CASE: SERVICES FOR THE ELDERLY

More doctors, lower operational costs

The City of Vaasa outsourced the medical services of its care homes to a medical company. The company carried out preliminary assessments and care plans for all care home residents. The care services are supported by physicians who are on call 24/7 to allow care home nurses to consult them remotely using video conferencing tools. The objective of the remote consultations is to help the care home employees maintain the therapeutic equilibrium of the residents and to avoid the unnecessary use of health services. Even though the number of available physicians increased, the system saved money due to the fact that the residents could be treated at the care home.

Savings

The outsourcing of medical services increased the fixed costs from 31,349 euros to 321,844 euros, meaning that the fixed costs were almost ten times higher. However, the general operational costs decreased from 1,924,274 euros to 1,086,032 euros. This means that 547,747 euros were saved in 11 months. The total costs went down by 28% as a result. The investment resulted in a 40% decrease in the number of inpatient treatment days among older people.



One life
Enjoy every day.



The One Life health project strives towards a healthier Finland. The Finnish Brain Association, the Finnish Diabetes Association, the Finnish Lung Health Association, the Organisation for Respiratory Health, the Finnish Association for Mental Health, the Finnish Heart Association, and the Cancer Society of Finland have teamed up to promote people's health and welfare throughout their lives. Duodecim participates in the project as an expert organisation.

The use of emergency care services and ambulances also went down by 50%.

At the same time, the system also improved the employees' job satisfaction.

Please note: In the One Life living room debates, the costs and savings have been determined on the basis of an investment of 200,000 euros.

This means that both the costs and savings would be around 70% of the results achieved in Vaasa.

Sources

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